



**Course Description:** The inclusion of the Physical Education Pupil Instructor Program is one way in which Rolesville High School has chosen to enhance physical education programs for elementary children and adapted programs. High school students are trained to assist these classroom teachers in leading physical education activities. This program provides a cross-age educational experience beneficial for both high school and elementary school children. Rolesville High School students are provided the opportunity to build both individual self-esteem and leadership abilities. Elementary students and adapted program students are given the opportunity to interact socially with a “big brother” or “big sister”. Instructional training will be given to each Rolesville PEPI student prior to working with elementary students. Classroom instruction will contain training in communication skills, elementary physical education and interpersonal skills in working with students in all grade levels. The content and experiences provided through this course can assist in becoming a building block for a student who has interest in working with young people. Objectives include enhancing students’ self-esteem, self-awareness, communication and social interaction skills, including leadership qualities.

**Student Name:** \_\_\_\_\_ **Current Grade Level:** \_\_\_\_\_ **GPA:** \_\_\_\_\_

1. If accepted into this course, list, in order, which class you would wish to replace.  
 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_
2. This course requires you to drive off campus to tutor. Do you have your own car?                   **YES**                   **NO**
3. Are you willing to drive off campus?                   **YES**                   **NO**
4. Are you able to ride with another student?                   **YES**                   **NO**
5. Do you have a parent/guardian to provide transportation? **YES**   **NO**
  
6. This course involves providing tutoring assistance for elementary school students, as well as, assisting our Adapted Programs students in physical education. What prior experience have you had in these areas?



7. Write at least two paragraphs explaining why you would like to be in this class.

8. Describe yourself in the areas of reliability, timeliness, and trustworthiness.



Teacher Recommendations (3):

Teacher/Signature/Subject:

Teacher/Signature/Subject:

Teacher/Signature/Subject:

List your current schedule:

Period	Course	Teacher	Current Grade
1			
2			
3			
4			

\*A PEPI Physical Education Application requires 3 teacher recommendations, as well as, instructor approval to be considered for this course. Limited enrollment is available. Applications are due to Ms. Ashdown by placing in my box or by email at [cashdown@wcpss.net](mailto:cashdown@wcpss.net)

\*Students must have passed healthful living with a grade of C or higher

Parent signature \_\_\_\_\_ Date: \_\_\_\_\_